# Rutherford County EXTENSION NEWS



July, 2024 | Issue

# LAWN CARE ACADEMY

There's a really good chance you'll learn way more than you bargained for about lawncare if you complete our 4-session lawncare course. You'll learn about the different kinds of turfgrasses we can grow here and how to manage them, options for establishing a new lawn, renovation tips for existing lawns, pest (weeds, insects, diseases) control/management, and fertilization. We'll also look at various turfgrasses growing at the on-site turfgrass demonstration area and demonstrate correct fertilizer and pesticide application techniques.

**Course Particulars** 

When: Four consecutive Thursday nights August 15, 22, 29 and September 5 from 6:00-8:00 p.m. (new material is covered each night)

Where: Lane Agri-Park office complex auditorium located at 315 John R. Rice Blvd in Murfreesboro

Cost: 8 hours or so of your time

Email Mitchell Mote at mmote1@utk if you have questions.

Click Here To Register



Visit the oldest and only 100% Producer Only market in Rutherford County on Tuesdays and Fridays from 7am – noon.

All vendors accept cash and market tokens. Some vendors accept electronic payment. In July and August, there are authorized vendors that accept WIC Farmers' Market vouchers. Look for the green WIC signs.

Be sure to Check in to WIN each time you attend. You could be chosen to take home

some amazing goodies from the local vendors that you support. This was the prize for the June drawing.



Shop with "Artisan Fridays" where talented folks have made treasures waiting for you to find them.

Questions? Call 615-898-7710 or email <a href="mailto:hlambert@utk.edu">hlambert@utk.edu</a> to become a valued vendor.



#### **State Canning Competition**

The state fair canning competition is now open to all Tennessee residents in Class 1. Entries must be submitted to the Rutherford County Extension office by August 6 before 4:00 pm to be transported to the state fair. If you have any questions, please contact FCS Agent Shay Davis sdavi119@utk.edu or 615-898-7710

17. Peach Jelly

18. Pepper Jelly

20. Raspberry Jelly

21. Marmalade, any kind

22. Conserves, any kind

19. Plum Jelly

#### Class 1 - Jam, Jelly, Preserve Canned (Pint or Half Pint)

LOT

- Blackberry Jam
- Blueberry Jam
- Strawberry Jam
- 4. Cherry Preserves
- Peach Preserves
- Peacli Preserves
   Pear Preserves
- 7. Plum Preserves
- 8. Strawberry Preserves
- 9. Apple Butter
- Peach Butter
- Plum Butter
- 12. Apple Jelly
- Blackberry Jelly
- Blueberry Jelly
- 15. Grape Jelly
- 16. Mint Jelly
- .
- No person may enter more than one exhibit in any lot.
   Prizes will be awarded on decision of the judges.
- All entries must be entered between 10:00 AM 3:00 PM on Saturday, August 10, 2024. Extension agents & exhibitors with more than 10 entries may enter from 2 -6 PM Friday, August 9.
- All entries are to be removed Sunday, August 25 from 1:00 - 3:00 PM. Entries not removed by 3 PM will be donated to a local nonprofit organization. No entry may be removed early.
- 5. Entries must have been made since August 1, 2023.
- Exhibitors must be 19 years old or older.
- Wilson County Promotions will not be responsible for any loss or damage to entries.
- No exhibitors will be allowed in the exhibition area during judging.
- All entries must be entered in clean, standard canning
  jars (no specialty jars) with new, single use two-piece lids
  and bands. No decorative overlays or accessories on jars.
  Exhibits should be canned using tested recipes issued
  in 2009 or later. For example, USDA, Ball, Sure-Jell or National
  Center for Home Food Preservation guidelines, etc.
- Entries deemed unsafe by chairman will be disqualified and ineligible for ribbons or premiums.





#### ADULT SEWING CLASSES

### SEWING SKILL BUILDER SERIES register for each class individually

• Intro to Machine Sewing - Thursday, July 18th
Has it been a while since you used a sewing machine and
need a basic refresher class on how to thread your
machine, wind a bobbin, adjust tension and change
between stitch types?

This class will go over sewing tools and terms, how to use your machine, change the stitches and create a small citrus pillow while putting these skills into practice. Choose from 2-4pm class or 6-8pm class.

- Monday, July 29th- Working with Fasteners
  Learn how to work with buttons, snaps, sew in hook and loop fastener, zippers, hook and eyes.
  You will leave with an understanding and your own example of each style fastener as well as a handout with tips and tricks for using these. Choose a class time 2-4pm or 6-8pm
- <u>Tuesday, August 27th Different types of Hems</u>
  Learn several types of hems, how to do them, and when it is best to choose each. Styles covered will be Double Fold, Narrow Rolled, Bias Tape Hem and Blind Hem. You will leave with an understanding and their own example of each style of hem. Choose a time 2-4pm or 6-8pm
- Monday, <u>September 23rd Mending</u>
   Learn how to prolong the life of our garments by mending. Topics will include dealing with holes, split seams, missing or loose fasteners, and ripped pockets.

All classes are held at the Lane Agri-Park Auditorium, 315 John R. Rice Blvd. Murfreesboro TN 37129.

You can bring your own machine or borrow one of ours for the class.

Pre-Registration is required for each class, Fee \$12 per session class size is limited. Click here to register and pay.

If you have questions please contact Janette Walker at 615-898-7710 or email jwalk143@utk.edu

#### CENTRAL REGION 4-H HORSE SHOW

Several of our 4-H Members participated in the Steve McNeill Memorial Central Region 4-H Horse Show. Addison Stagner, Emma Leverich, Kennedy Frank, and Arabella Smart represented our Rutherford 4-H Horse program well! If you are interested in more information about the Horse Program, contact tchandl9@utk.edu.











## Talk to One of Our Agents



Thursday, July 18th in-between
8:10am - 9:00am
Call WGNS at 615-893-1450 & we will answer your questions about gardening, landscaping, and other Extension events!

#### HANDS-ON FOOD LAB GRANT

Seven Rutherford County Middle Schools will have the opportunity to take part in 4-H handson food labs thanks to an \$8,000 grant from the Nashville Preds Foundation. 4-H Agent, Raquel Victor, and 2-3 Middle Tennessee State University interns spend an entire day at a school teaching to middle school students who are enrolled in the Teen Living (Home Economics) elective class. It provides youth many life skills- such as proper knife handling, food safety, handwashing, healthy food choices, a healthy snack. how to prepare fruit/vegetable nutrition facts. They go through a step by step experience that is educational and impactful. The program is unique because there are no other programs like this in Rutherford County Schools. By the end of the 2024 school year, 1,700 youth will be taught these hands-on food labs in our middle schools through 4-H.

Additional information about the Nashville Predators Foundation grant allocation and application process can be found <u>here</u>.



