## Kutherford County

## FROM THE GROUND UP



July 29, 2025

As I was looking out the window debating what to write, I notice my hydrangeas was flowering so beautiful and what is needed around my landscape. Prune hydrangeas right after bloom. Some other things that can be done are:

- Continue to deadhead annuals and perennials to encourage more blooms.
- Cut Back tall, fall-flowering perennials (swamp sunflower, Joe Pye weed, Iron wee, mums and asters) by one-third to onehalf to prevent them from lodging (leaning or falling over).
- Be sure to keep plants watered, especially in dry conditions and in containers.
- Mulching your vegetable garden with straw will help control weeds and conserve moisture.
- Remove dead and diseased foliage to discourage the spread of insects and diseases.
- Harvest vegetables regularly form your garden to keep it productive.
- Consider taking extra produce to your one of local food pantry or give to an elder in your neighborhood.
- Cover fruit trees and berries with netting to protect from birds.

Usually lots of gardens get abandoned when it is extremely hot; so, keep up the weeding, watering and harvesting your nutritional vegetables. You can reduce mosquito populations by finding and draining sources of stagnant water. Keep bird baths clean and filled with fresh water can also reduce mosquito populations as you give those birds fresh clean water to drink.

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