

# Rutherford County EXTENSION NEWS



October, 2025 | Issue



## 4-H COOKING CLASSES

Beginner & Intermediate

### *Beginner Cooking Classes*

Is open to youth in 4th & 5th grade.

Cooking classes are individual sessions, you can sign up for just one or all! Choose from 4-5:30pm class or 6-7:30pm class. Classes are held at the Rutherford County Extension office. Class size is limited-if the class is not on the dropdown, it is full. Contact Raquel to be put on a waiting list.

\$15 Fee for each session

Dates/Session

- October 14 - Pizza Lab
- October 15 - Italian Tiramisu
- October 16 - Focaccia Bread Art

### *Intermediate Cooking Classes*

Is open to youth in 6th - 8th grade.

Cooking classes are individual sessions, you can sign up for just one or all! Choose from 4:30-6pm class or 6:30-8pm class. Classes are held at the Rutherford County Extension office. Class size is limited-if the class is not on the dropdown, it is full. Contact Raquel to be put on a waiting list.

\$15 Fee for each session

Dates/Session

- January 13 - Perfecting the Scone
- January 14 - Dumplings 101
- January 15 - The Joy of Chocolate bark

Registration begins online on **October 1st** at 8am for both these cooking sessions.

If you have questions please contact Raquel Victor at 615-898-7710 or email [rvictor@utk.edu](mailto:rvictor@utk.edu)

## RUTHERFORD CO CRAFT FAIR

**LANE AGRI-PARK  
COMMUNITY CENTER BUILDING  
315 JOHN R.RICE BLVD.  
MURFREESBORO TN 37129**

**COME SUPPORT LOCAL ARTISANS  
AND SMALL BUSINESSES**

**FREE ADMISSION  
&  
PARKING**

**October 11th  
FROM 9:30 AM - 3 PM**

Rutherford County Farmers Market

## Trunk or Treat

**October 31 7am-12pm**

315 John R Rice Blvd, Murfreesboro TN



**Come talk to our vendors for treats and trunk  
or treat outside the market!**



## 4-H ARCHERY

Open to 4th - 12th Graders

### Beginner Archery:

All participants new to 4-H archery must sign up for a beginner archery session. This course will introduce participants to archery equipment, range safety, eye dominance, target scoring, etc. There is a limit of 20 participants for each class. If the class does not show up on the dropdown in the Ag Store, it is full. The fee for beginner archery is \$25 for a session that includes 6 dates.

**\*\*\*Choose ONE day, Mon or Tue and ONE session, Fall or Winter\*\*\***

From 4:30pm to 5:30pm:

- Monday FALL Sessions- October 20, 27, November 3, 10, 17, December 1
- Tuesday FALL Sessions- October 21, 28, November 4, 11, 18, December 2
- Monday WINTER Sessions- January 12, 26, February 2, 9, 16, 23
- Tuesday WINTER Sessions- January 13, 27, February 3, 10, 17, 24

### Returning Archery:

4-H'ers that have completed the Beginner Archery Class may sign up for the Returning Archery Class. Returning archery will consist of "Open Range" time. There is a limit of 25 participants for each class. If the class does not show up on the dropdown in the Ag Store, it is full. The fee for returning archery is \$25 for a session that includes 6 dates.

**\*\*\*Choose ONE day, Mon or Tue and ONE session, Fall or Winter\*\*\***

From 6:00pm to 7:00pm:

- Monday FALL Sessions- October 20, 27, November 3, 10, 17, December 1
- Tuesday FALL Sessions- October 21, 28, November 4, 11, 18, December 2
- Monday WINTER Sessions- January 12, 26, February 2, 9, 16, 23
- Tuesday WINTER Sessions- January 13, 27, February 3, 10, 17, 24

**Registration begins online on October 1<sup>st</sup> at 8am for archery sessions. Click on the Ag Store tab on our website to register and pay.**

If you have questions please contact the office at 615-898-7710.



Breast cancer death rates in the United States have dropped by 44% since 1989.

For 40 years, Breast Cancer Awareness Month has helped raise awareness of breast cancer across the nation. It has encouraged millions to take action, resulting in increased early detection and advancements in treatment that have saved more than half a million lives. Let's keep the momentum going by spreading awareness. To learn how you can help, visit:

<https://www.komen.org/community/tennessee/>



## 4-H CLUBS/PROGRAMS

4-H is a unique educational program for students in 4th – 12th grades. 4-H encourages diverse groups of youth to develop their skills and talents to the fullest. As 4-H'ers, youth actively participate in activities, events and projects that develop and strengthen life skills. **Click on the picture below to learn more about each club.**



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