

Rutherford County EXTENSION NEWS



4-H FOOD SCIENCE CLUB FOR 6TH-8TH GRADERS

Learn about food safety, sensory science, baking, grill safety & more!

- MTSU Ellington Human Science Building
- Jan 12, Feb 9, Mar 23, Apr 20
- 5-6:30 PM
- \$20 per student

Register: <https://tiny.utk.edu/4-HAGSTORE>



4-H YOGA FOR KIDS

This class is beginner friendly for grades 4th through 12th. It will inspire kids to develop calmness, focus, and physical fitness. Classes will be on Tuesdays from 5pm to 6pm in the Community Center Building at the Lane Agri Park, 315 John R Rice Blvd. Murfreesboro, TN 37129.

Sign up for one or all!

\$5 Fee for each class/Mats are Provided

Class dates below:

- December 2nd
- January 13th
- February 3rd
- March 3rd

Register and pay by clicking [here](#). Spots are limited

If you have questions please contact Aliyah Young at 615-898-7710 or email aiyoung@utk.edu



December, 2025 | Issue

BECOME A MASTER GARDENER

Applications Available Now !



A Tennessee Extension Master Gardener's journey begins as an Intern enrolled in the certification course.



Certification
Course

+



40 hours of
Service



Certified TN Extension Master Gardener
After graduation, Certified TEMGs...



Join the local
Association &
connect with
other TEMGs



Continue to
volunteer in
their
communities.



Continue their
horticulture
education.



Attend regional,
state, & national
events.

Join us in our mission to improve the lives of Tennesseans through horticulture education delivered by a dedicated and skilled volunteer network.

Click [here](#) to learn more. Classes Start January 27, 2026!
If you have any questions contact Baileigh Snow at 615-898-7710 or email bsnow6@utk.edu





4-H PUBLIC SPEAKING CONTEST

Ready to showcase your skills and win big?

Join us for an exciting contest at the Rutherford County Extension Auditorium on **Thursday, December 11!** Students in **grades 4-12** are invited to compete for **cash prizes** and bragging rights. Registration starts at 6:00 PM, and the contest kicks off at 6:30 PM.

Don't wait—call 615-898-7710 to pre-register today!



Rutherford County Farmers Market announcing New Winter and Spring Market on Friday's only 8am -12pm at 315 John R. Rice Blvd. Land Agri Park Community Center, Murfreesboro, TN 37129.

Come visit our Farmers over the winter/spring.

RUTHERFORD CO 4-H TEEN CLUB MEETS MONTHLY

**NEXT MEETING
DEC 4 5:30-6:30**

- ✓ We meet to work on service projects, with the goal of earning points to be in 4-H Honor Club.
- ✓ Open to students 6-12th grade
- ✓ Must complete 600A form to participate

CONTACT JANETTE
jwalk143@utk.edu



SEWING CLASSES

Adult Sewing: Learn the Basics

Start your sewing journey with this beginner-friendly class!

Date: Monday, January 7

Choose Your Session:

- Morning: 9:00 AM – 11:30 AM
- Afternoon: 12:30 PM – 3:00 PM

Location: Lane Agri Park – Auditorium 315 John R. Rice Blvd., Murfreesboro

What You'll Do: Learn essential sewing skills and **complete a small pillow** to take home!

Fee: \$25

Class Size: Limited – Register early!

Pay and register here: tiny.utk.edu/5Ry3I

Learn to Sew – High School Students Welcome!

No experience? No problem!

Join us for a fun, hands-on sewing class where you'll learn the basics:

- How to read a paper pattern
- How to take accurate measurements
- How to use a sewing machine

Project Options:

Choose to make a **basic skirt** or **PJ pants**.

Details:

- **Dates:** January 12 & 26, February 9 & 23
- **Time:** 5:30 PM – 7:00 PM
- **Location:** Lane Agri Park – Auditorium
- 315 John R. Rice Blvd. Murfreesboro
- **Cost:** \$50

Sewing machines provided (or bring your own).

Register & Pay: tiny.utk.edu/k5JLs

For questions, contact **Janette Walker** at jwalk143@utk.edu or call 615-898-7710.

