

Rutherford County EXTENSION NEWS



September 2026 | Issue

4-H OPEN HOUSE

September 17th

Join us from 5:30-7:30pm for current 4th-12th grade students to experience what your local 4-H has to offer! Enjoy the opportunity to talk with leaders and 4-H members to understand what each program has to offer and learn about new opportunities.



4-H CLUBS

- Sewing
- Cooking
- Archery
- Livestock
- Horse
- Judging Teams
- Teen/Honor Club
- Photography
- Home School
- Poultry



DEMENTIA, A CRUEL THIEF

Join FCS Agent Shay Davis and guest speaker [Lee Ann Hyatt, RN, BSN](#), for a two-part educational series on dementia and caregiving.

Lane Agri Park Community Center Classroom
315 John R. Rice Blvd.

Murfreesboro, TN 37129

Program Schedule - 10am -12pm

- September 3: Changes in a Loved One
- September 17: The Family Caregiver

Register by going to this link

<https://forms.cloud.microsoft/r/3U24NnsGJA?origin=lpLink>

Learn about dementia, caregiving challenges, and practical support strategies for families and caregivers.



BECOME A MASTER GARDENER

Do you love plants, enjoy learning, and want to make a difference in your community?

Master Gardeners are dedicated volunteers who share research-based gardening knowledge, help educate others, and support community horticulture programs.

Applications close September 30.

To request an application, please contact:

Baileigh Snow bsnow6@utk.edu

Join us and grow your gardening knowledge while giving back to your community!



SEPTEMBER IS SUICIDE PREVENTION MONTH

Join FCS Agent Shay Davis for a presentation on Suicide Awareness and Prevention on September 22nd at 10am in the Community Center Classroom. Register by Emailing sdavi119@utk.edu or call the office at 615-898-7710

Reminding us that silence can cost lives. Studies show people who are having thoughts of suicide feel relief when someone asks about them in a caring way. Learn more on how you can support someone through a crisis at nami.org/suicidepreventionmonth.

2026 CHICK CHAIN SHOW AND AUCTION

This year's breed is
Red Stars!

Saturday, September 19th

8AM- Barn Open
8:30AM- Awards
9AM- Auction



Lane Agri-Park Livestock Barn

315 John R Rice Blvd
Murfreesboro, TN 37129



Part of the proceeds go to
the 4-H'ers!



HEALTHY HOMES CLASS

September 8th @ 5pm

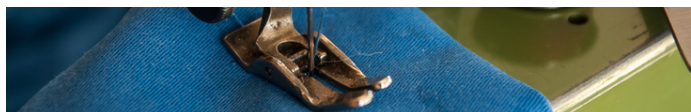
People today spend more time than ever indoors. It is estimated Americans spend 90% of their time indoors. This is even higher for certain populations, such as the elderly and the disabled. It is also estimated that indoor air can be anywhere from five to ten times more polluted than outside air. In fact, some pollutants can be as much as 100 times worse inside.

Participants will learn general information about indoor air quality and its impact on health, the most common indoor pollutants and the relationship of these pollutants to excessive moisture in the home. Strategies will also be discussed on how to improve indoor air and control moisture levels to reduce indoor pollutants.

Location: Lane Agri-Park Community Center Classroom, 315 John R. Rice Blvd., Murfreesboro, TN

For More information contact:

Misty Layne-Watkins mlaynwatka@utk.edu



LEARN TO SEW

This class builds confidence by teaching participants how to operate a sewing machine by learning basic sewing skills like to thread a machine, wind a bobbin, how to select stitches, guide fabric and make a sampler pillow showing of different stitches.

Choose one:

Date: Monday, October 5th **Time:** 1:00pm - 3:30pm

Date: Tuesday, October 6th **Time:** 10:00am-12:30pm

Cost: \$25

- [Adult Register and pay online by Clicking Here.](#)
- [High school Register and pay online by Clicking Here.](#)

Class size is limited so participants can spread out and get individual attention. Questions contact: Janette Walker jwalk143@utk.edu or Call 615-898-7710



CONGRATULATIONS ANGEL

We are thrilled to share some exciting news! Congratulations to Angel for winning the State Fair Poster Contest! This outstanding achievement reflects Angel's creativity, talent, and hard work. We are incredibly proud of this accomplishment and the excellent representation of our 4-H program.



CALLING ALL HORSE ENTHUSIASTS!

Join the Rutherford County 4-H Horse Program for learning, skill-building, competition preparation, and fun with fellow horse lovers!

- Hippology & Horse Bowl-Every Thursday | 4:00 PM
- Horse Club - 1st Thursday of each month | 6:00 PM
- Horse Judging Practice - 3rd Thursday of each month | 6:00 PM

Location for All Meetings and Practices: Livestock Barn at Lane Agri-Park 315 John R. Rice Blvd. Murfreesboro, TN 37129

Whether you're new to horses or a seasoned participant, there's a place for you in 4-H!

For more information, contact Tammy Chandler tchandl9@utk.edu. We'd love to see you there!



The Rutherford County Farmers Market is gearing up for the Fall season! Come shop and start looking for some fall produce this month. There will be 4 Tuesday evening markets in September (no morning market on those dates) and a BINGO Night scheduled for September 15th at 5:30pm at the Farmers Market. Bring the whole family!

SEPTEMBER 26'

Mo	Tu	We	Th	Fr	Sa	Su
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

● OPEN MORNING HOURS 7AM-12PM

OCTOBER 26'

Mo	Tu	We	Th	Fr	Sa	Su
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

● OPEN - EVENING HOURS 2PM-7PM